ACP American College of Physicians
Leading Internal Medicine, Improving Lives
Texas Chapter

a Texas ACP Publication

TEXAS NEWSLETTER

American College of Physicians | Texas Chapter

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PRESIDENT'S MESSAGE

Hello Everyone,

Fall weather is starting to sneak out and as a physician educator, that brings to mind two things that occur every year around this time. The first is the beginning of a new interview season. This is the time of year that 4th year students from medical schools are creating their applications for residency and some 3rd year residents are already interviewing for fellowships. Keep this in mind if you know any young learners and wish them luck while offering to help them tweak their applications. I remember how daunting of a task it was and any help is a blessing. The second topic is that in just two months, the Annual Texas ACP State meeting will be here. It is always a pleasure seeing young learners compete, meeting new people, and seeing old colleagues.

ACP has always been my professional home and these meetings are where I get to learn new information, but also to catch up with friends. We are always looking for Internal Medicine Physicians to help us in Texas ACP in our subcommittees. Please note that these groups are for anyone who has a passion in that particular topic. We love for anyone to be involved.

Texas ACP is here for you and the only way we know what you need is for you to get involved and let us know. To do so, fill out our short form here.

I look forward to seeing you and hearing from you.

Austin Metting, MD, FACP, SFHM, DipABLM
President, Texas Chapter of the American College of Physicians

IN THIS ISSUE

Page 1 President's Message

Page 3 Governor-Elect Candidate Spotlight

Page 3 Submit Abstracts for the ACP Statewide Competition

Page 4 On Being a Doctor Creative Writing Competition

Page 5 Chapter Meeting Spotlight

Page 6 Doctors Dilemma Competition

Page 6 TXACP Foundation Silent Auction

Residency Programs are invited to

SUBMIT ABSTRACTS FOR THE ACP STATEWIDE COMPETITION!

Each Texas Internal Medicine residency program may submit a maximum of the following in each category for the Poster Competition (categories may not be combined):

1. Clinical Vignette (one for competition)
2. Clinical Research (one for competition)
3. Quality Improvement/Patient Safety (one for competition)

Abstract Submissions on behalf of your program are due by October 6th, 2025 and must include the following:

- Abstract Submission by First Author (must be an ACP Member)

Residents are requested to save the date of Sunday, November 9th. Your abstract will be presented onsite at the Hilton Austin for judging and Q&A. Residents are responsible to print and bring their poster onsite. Poster size and guidelines can be found in our Abstract Guidelines document, linked below.

View Abstract Guidelines

Submit Your Abstract

GOVERNOR-ELECT CANDIDATE SPOTLIGHT

Later this month, the election for Texas ACP's next Governor-Elect will open to our membership via ACP. Their term as Governor-Elect will begin in April 2026, and they will serve as Southern Governor from April 2027 - April 2031. Read on to learn more about both of our excellent candidates, and to hear a succinct version of their vision should they be elected!

Texas ACP Nominations Committee

Meet Candidate Homar Bartra

I am Internal Medicine specialist with a career spanning over several decades. Graduating with honors from medical school in Peru, I further honed my expertise through a residency in Internal Medicine at the combined University of Chicago/University of Illinois program at Michael Reese Hospital in Chicago.

I began my professional journey by establishing a successful private solo practice in San Marcos, Texas, providing dedicated patient care for ten years. Following this, I co-owned a thriving hospitalist program covering San Marcos, Seguin, and New Braunfels, Texas. This led to a recruitment for the development of hospitalist programs across various major institutions, including Banner Health in Arizona, Seton Health in Austin, Baptist Health in San Antonio, and Houston Methodist in Sugar Land, Texas. Since 1998. I have actively contributed to the training of future physicians through various esteemed programs such as AHEC, UTMB, ACP Preceptorship Program, and the Houston Methodist Academic Institute. My leadership experience includes Chairman of the Department of Medicine, Chief of Staff, and membership on both the Governing Board and Medical Executive Committee (MEC).

What Has the ACP Brought to Your Life?

I started my involvement with organized medicine two years after I started my private practice in San Marcos TX when I was invited to participate in activities for the American Society of Internal Medicine. I later became part of the board of directors of Texas ASIM right when ASIM and ACP were combining their efforts to become one single institution. I have served as a member of the board of directors for ACP during 1997 to 2000 and from 2018 to 2022. My participation as a board member of ACP Texas influenced my medical career immensely through my involvement in the preceptorship program of medical students as well as participation in several committees including the Texas higher education coordination board. It helped me to aspire for excellence in medical practice, it helped my interest in medical education and enhanced my professional

What Are Your Priorities as Governor?

Throughout my 30-year career in Internal Medicine, I have witnessed a troubling trend. Whether in my solo practice, serving as a private hospitalist or as a medical director for hospitalistprograms, I have seen private insurance companies exert an ever-growing influence in our daily medical practices. This encroachment has become so pronounced that it threatens to undermine the physician patient relationship, a fundamental cornerstone of effective medical practice.Insurance companies now yield such significant power in dictating care that our ability to make independent medical decisions tailored to our patients needs is increasingly compromised. I want to make sure that at the national level the American College of physicians as long with its 160,000 members can advocate for meaningful reform. The ACP must leverage its influence to voice our collective frustrations and propose viable solutions. life through the fellowship program. Actually, I certainly believe that my career would not be what it is now without the influence of the American College of physicians since 1997.

Meet Candidate Felicia Jordan

Dr. Jordan is a native Floridian and attended the University of Florida where she received her B.S. degree in microbiology. She received her medical degree at the University of Miami School of Medicine in 1997 and then moved to the Houston area to complete her training in Internal Medicine at Baylor College of Medicine. Dr. Jordan has been active in the Texas Chapter of the American College of Physicians and served as President of the Chapter as well as President of Texas ACP Services. She has been the recipient of the Synder/Chumley Advocate of the Year Award, the Decade of Service Award from the GIMSPP, the Volunteerism Award, and was bestowed the honor of Chapter Laureate in 2019. She has served on numerous committees for the chapter as well as judge for the medical students' and residents' competitions at the annual meeting for numerous years. She currently serves on the National ACP's Medical Practice and Quality Committee. Dr. Jordan lives in Richmond, Texas where she cares for patients at Kelsey Seybold Clinic and serves as the managing physician.

What Has the ACP Brought to Your Life?

I first became active with the Texas Chapter of the American College of Physicians back in 2007 and at that time the Governors were Dr. Mark Armstrong and Dr. Herbert Dupont. I would sit and watch them in awe during the meetings and was so impressed with the breadth of their knowledge about the College and the advice that they would offer on chapter operations. Over the years, my love for the college has grown and I have fostered friendships that I will forever cherish. I have been mentored and gained a wealth of understanding about advocacy, policy, medical education, quality improvement, and the College. Serving as Governor would give me the opportunity to give back to an organization that has given so much to me.

What Are Your Priorities as Governor?

One of my biggest priorities that I would like to tackle as Governor is improving chapter membership, both the number of members and the members' involvement in chapter activities. I truly believe that one of the reasons that members may not be as active or engaged as they could be is merely the lack of understanding of what opportunities are available within the chapter. One specific group that I think that we still have not effectively captured yet is the rural physician. Some of their issues are quite unique and I think there is an opportunity to form a committee consisting of physicians in rural areas to see how the College can better address their needs.

Andy Diehl On

ON BEING A DOCTOR CREATIVE WRITING COMPETITION

We are excited to announce the 19th Annual Andy Diehl On Being a Doctor Creative Writing Competition is now accepting entries. The theme for 2025 is Energizing Medical Education.

The competition is open to Texas ACP Medical Student and Resident members. Submissions must be original prose or poetry and limited to 1,000 words or less. Submissions should not have been previously published, although unpublished, previously presented work will be accepted. Submissions will be judged on language, expression, clarity, uniqueness, and flow of thought.

The winning author will be asked to showcase their work at the Texas chapter meeting during the Awards Luncheon on November 8th, 2025 in Austin! Travel reimbursement for meeting attendance is available to the winner.

Submissions are due September 15th!

Apply Today!

Questions? **Start here.**

CHAPTER MEETING SPOTLIGHT

Chapter Meeting Details

Annual Meeting Date:
Friday, November 7th - Sunday, November 9th

Location:
Hilton Austin
500 E 4th Street, Austin, TX

Pricing:
Early Bird Pricing (through September 30th)
Regular Pricing (through October 30th)

ACP Member/Affiliate: $315 | $365
ACP Resident/Fellow: $70 | $70
ACP Medical Student: $40 | $40
Non-Member Physician: $425 | $425
GIMSPP Preceptor: Free | Free

Military Discount: $50 Off
GIMSPP Preceptors: Free
Sign up by October 30th to avoid late registration rates!

Register Now

Hotel Lodging

Hotel Discounted Room Block Open for Reservations!
The Hilton Austin has a limited number of discounted hotel rooms available for our attendees.

Deadline to Book: October 16th

Book Your Room Today

Sponsorship & Exhibitor Opportunities

Opportunities are available for interested organizations to exhibit or sponsor!
pace is filling up.

Please send any potentially interested our informative prospectus linked below, or send their information to office@txacp.org.

Download the Exhibitor Prospectus

Join ACP Texas for our annual chapter meeting, this year held in the heart of downtown Austin! Our program is focused on energizing medical education in Texas. We have an exciting line up of speakers on a wide variety of relevant topics, and with the reintroduction of precourse this year, attendees can earn up to 15.75 CME!

Please consider signing up to be an abstract judge to help make our resident and student competitions possible! You will have the option to volunteer as part of the meeting registration process.

Don't Miss: Precourse

POCUS Workshop
Participants will review point-of-care ultrasound basics and general indications within the scope of internal medicine practice, with a focus on obtaining knowledge and skills in image acquisition and interpretation. There will be both didactic and hands-on skill portions for all participants.

Date: Friday, November 7th
Time: 12:30PM - 4:45PM
CME Credits: 4
Physician Pricing:
- $120 ACP Members
- $150 Non-Members

Board Review Course: Updates in IM & Updates in Hospital Medicine
This course will cover frequently asked topics on internal medicine board exams and the longitudinal knowledge assessments.

Date: Friday, November 7th
Time: 1:00PM - 5:00PM
CME Credits: 4
Pricing:
- **$110 ACP Members**
- **$140 Non-Members**

Sign up for either course as part of your meeting registration.

Session & Speaker Highlights

An Update on Medical and Graduate Medical Education in Texas
Rajeev Raghavan, MD, M.Ed, FASN, FACP

Touch Before You Test: What Happened to the Physical Exam?
Karen Szauter, MD, MACP, FAMEE

The Clinician Educator Milestones: Adapting the Framework to Evaluate Learners
Rachel Jantea, MD, MS

Refining the Art: Bedside Teaching Tips for the Modern Internist
Rachel Hogan, DO

Medical Ethics and Emerging Medical Technologies
Paul Mueller, MD, MPH, MACP

and More!

DOCTOR'S DILEMMA COMPETITION

Each residency program may send a team to compete. This year, the competition semifinals and finals will be held at the Annual Meeting in Austin, Texas on November 8th at the Reception from 6:00pm - 8:00pm. Preliminary rounds will take place virtually on October 14th to determine who will compete at the meeting.

Eligibility:

- All Texas IM Residency programs are invited to participate
- Each program must submit ten Doctor's Dilemma questions (may be categorical or random)
- Each program is requested to submit one volunteer to assist as an event judge
- Three team Members must be current TXACP members to compete
- Review and agree to the chapter's Doctor's Dilemma rules

Key Dates:

- October 6th: All teams must be submitted
- October 14th: Virtual Preliminary Rounds
- Saturday, November 8th, 6:00PM: Championship Doctor's Dilemma will be held in Austin
- April 16th - 18th, 2026: Doctor's Dilemma will be held at ACP IMM in San Francisco, CA (TBD- The winning Texas team(s) may have an opportunity to represent Texas at the National Competition).

Want to participate and/or learn more?
Sign up now to reserve your spot!

Sign Up Today

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Texas Chapter of the American College of Physicians FOUNDATION

TXACP FOUNDATION SILENT AUCTION

Texas ACP Foundation will be holding its first silent auction & drawing as part of our chapter meeting reception to raise funds towards its goal of creating an endowment to fund the future of internal medicine. We hope you'll save the date and join us! All attendees will have the opportunity to bid on exciting items while enjoying hors d'oeuvres, drinks, and the 2025 Doctor's Dilemma competition.

Right now, what we most need are auction item donations! Items are eligible for tax deduction.

Donate Items

Event Details

**Hosted at the Welcome Reception of the Texas ACP Annual Chapter Meeting*

Date: November 8th

Time: 6:00PM - 8:00PM

Location: Hilton Austin

Auction Hot List Items

- Wine/Spirits/Distillery Tasting Experience
- Desirable Physicians Tools or Memorabilia
- Event Tickets (sports games, concerts, shows, etc.)
- Vacation Homes/Stays
- Airline Miles
- Local Goods Gift Basket or Sampler
- Branded Merchandise and Luxury Goods
- Special Services (Interior Design, Travel Planning, Tast Rabbits, etc.)
- High-End Restaurant Gift Cards

Learn More About TX ACP Foundation